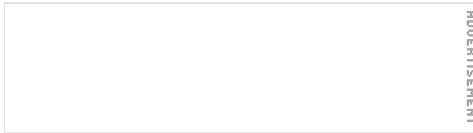


Ready to talk
to your doctor?

Zan

Generic Name: **phentermine** (FEN ter meen)

Brand Name: *Adipex-P, Oby-Cap, Suprenza, T-Diet, Zantryl*



Overview

Side Effects

Dosage

Interactions

More ▾

What is Zantryl (phentermine)?

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IMPORTANT SAFETY INFORMATION
CONTRAVE can cause serious side effects of suicidal thoughts or actions. One of the

Phentermine is a stimulant similar to an amphetamine. Phentermine is an appetite suppressant that affects the central nervous system.

Phentermine is used together with diet and exercise to treat obesity (overweight) in people with risk factors such as high blood pressure, high cholesterol, or diabetes.

Phentermine may also be used for purposes not listed in this medication guide.

What is the most important information I should know about Zantryl (phentermine)?

Do not use phentermine if you are pregnant or breast-feeding a baby.

You should not take phentermine if you have a history of heart [disease](#) (coronary artery disease, heart rhythm problems, congestive heart failure, stroke), severe or uncontrolled high blood pressure, overactive thyroid, glaucoma, a history of pulmonary hypertension, if you are in an agitated state, or if you have a history of drug or alcohol abuse.



SLIDESHOW

Always Hungry? You Just Might Have One Of These Conditions

Do not use phentermine if you have taken an MAO inhibitor in the past 14 days. A dangerous drug interaction could occur. MAO inhibitors include isocarboxazid, linezolid, phenelzine, rasagiline, selegiline, and tranylcypromine.

What should I discuss with my healthcare provider before taking Zantryl (phentermine)?

Do not use phentermine if you have taken an MAO inhibitor in the past 14 days. A dangerous drug interaction could occur. MAO inhibitors include isocarboxazid, linezolid, phenelzine, rasagiline, selegiline, and tranylcypromine.

You should not take phentermine if you are allergic to it, or if you have:

- a history of heart disease (coronary artery disease, heart rhythm problems, congestive heart failure, stroke);
- a history of pulmonary hypertension;
- severe or uncontrolled high blood pressure;
- overactive thyroid;
- glaucoma;
- if you are [pregnant](#) or breast-feeding;
- if you are in an agitated state;
- if you have a history of drug or alcohol abuse; or
- if you are allergic to other diet pills, amphetamines, stimulants, or cold medications.

Taking phentermine together with other diet medications such as fenfluramine (Phen-Fen) or dexfenfluramine (Redux) can cause a rare fatal lung disorder called pulmonary hypertension. **Do not take phentermine with any other diet medications without your doctor's advice.**

To make sure you phentermine is safe for you, tell your doctor if you have:

- high blood pressure;
- diabetes;
- kidney disease;
- a thyroid disorder; or
- if you are allergic to aspirin or to yellow food dye (FD & C Yellow No. 5, or tartrazine).

Phentermine may be habit forming. **Never share phentermine with another person, especially someone with a history of drug abuse or addiction.** Keep the medication in a place where others cannot get to it.

FDA [pregnancy](#) category X. Weight loss [during pregnancy](#) can harm an unborn baby, even if you are overweight. **Do not use phentermine if you are pregnant.**

Phentermine can pass into breast milk and may harm a nursing baby. You should not breast-feed while taking phentermine.

Do not give this medication to a child younger than 16 years old.

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Cialis
(tadalafil) tablets

SAVINGS CARD

Save

How should I take Zantryl (phentermine)?

Follow all directions on your prescription label. Do not take this medicine in larger or smaller amounts or for longer than recommended.

Some brands of phentermine should be taken on an empty stomach before breakfast or within 2 hours after breakfast.

Suprenza disintegrating tablets can be taken with or without food.

Using dry hands, remove the Suprenza tablet from the medicine bottle and place the tablet in your mouth. It will begin to dissolve right away. Do not swallow the tablet whole. Allow it to dissolve in your mouth without chewing.

To prevent sleep problems, take this medication early in the day, no later than 6:00pm.

Talk with your doctor if you have increased hunger or if you otherwise think the medication is not working properly. **Taking more of this medication will not make it more effective and can cause serious, life-threatening side effects.**

Phentermine should be taken only for a short time, such as a few weeks.

Do not stop using phentermine suddenly, or you could have unpleasant withdrawal symptoms. Ask your doctor how to safely stop using phentermine.

Store at room temperature away from moisture and heat.

Keep track of the amount of medicine used from each new bottle. Phentermine is a drug of abuse and you should be aware if anyone is using your medicine improperly or without a prescription.

What happens if I miss a dose?

Take the missed dose as soon as you remember. Skip the missed dose if it is almost time for your next scheduled dose. Do not take extra medicine to make up the missed dose.

What happens if I overdose?

Seek emergency medical attention or call the Poison Help line at 1-800-222-1222. **An overdose of phentermine can be fatal.**

What should I avoid while taking Zantryl (phentermine)?

Drinking alcohol can increase certain side effects of phentermine.

Phentermine may impair your thinking or reactions. Be careful if you drive or do anything that requires you to be alert.

Zantryl (phentermine) side effects

Get emergency medical help if you have any of these **signs of an allergic reaction**: hives; wheezing, chest tightness, trouble breathing; swelling of your face, lips, tongue, or throat.

Call your doctor at once if you have a serious side effect such as:

- feeling short of breath, even with mild exertion;
- chest pain, feeling like you might pass out;
- swelling in your ankles or feet;
- pounding heartbeats or fluttering in your chest;
- confusion or irritability, unusual thoughts or behavior;
- feelings of extreme happiness or sadness; or
- dangerously high blood pressure (severe headache, blurred vision, buzzing in your ears, anxiety, chest pain, shortness of breath, uneven heartbeats, seizure).

Common side effects may include:

- feeling restless or hyperactive;
- headache, dizziness, tremors;

- sleep problems (insomnia);
- dry mouth or an unpleasant taste in your mouth;
- diarrhea or constipation, upset stomach; or
- increased or decreased interest in sex, impotence.

This is not a complete list of side effects and others may occur. Call your doctor for medical advice about side effects. You may report side effects to FDA at 1-800-FDA-1088.

See also: [Side effects](#) (in more detail)



What other drugs will affect Zantryl (phentermine)?

Taking this medicine with other stimulant drugs that make you restless or hyperactive can worsen these effects. Ask your doctor before taking phentermine with diet pills, other stimulants, or medicine to treat attention deficit hyperactivity disorder (ADHD).

Tell your doctor about all medicines you use, and those you start or stop using during your treatment with phentermine, especially:

- an antidepressant--citalopram, escitalopram, fluoxetine, fluvoxamine, paroxetine, sertraline.

This list is not complete. Other drugs may interact with phentermine, including prescription and over-the-counter medicines, vitamins, and herbal products. Not all possible interactions are listed in this medication guide.

Next → [Side Effects](#)



 [Add to My Med List](#)

More about Zantryl (phentermine)

- [Side Effects](#)
- [During Pregnancy](#)
- [Dosage Information](#)
- [Drug Interactions](#)
- [Support Group](#)
- [En Espanol](#)
- [1 Review - Add your own review/rating](#)

Consumer resources

- *Other brands:* [Adipex-P](#), [Fastin](#), [Suprenza](#), [Ionamin](#), [More \(6\)](#) »

Professional resources

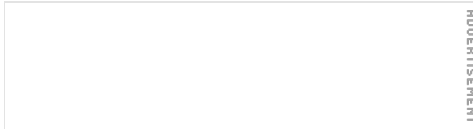
- [Phentermine Hydrochloride \(AHFS Monograph\)](#)
- [Phentermine Extended Release \(FDA\)](#)

Related treatment guides

- [Obesity](#)
- [Weight Loss](#)

Where can I get more information?

- Your pharmacist can provide more information about phentermine.



Remember, keep this and all other medicines out of the reach of children, never share your medicines with others, and use this medication only for the indication prescribed.

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Guide to Weight Loss Drugs

Find out everything you need to know about weight loss drugs in our prescription [weight loss pill guide](#).

DRUG STATUS



Availability
Prescription only



Pregnancy Category
Not for use in pregnancy



CSA Schedule
Some potential for abuse



WADA Class
Anti-Doping Classification



Drug Class

[Anorexiant](#)s

[CNS stimulant](#)s

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IMPORTANT SAFETY INFORMATION

CONTRAVE can cause serious side effects of suicidal thoughts or actions.

One of the ingredients in CONTRAVE is bupropion HCl.

Related Drugs

Weight Loss

[phentermine](#), [Megace](#), [megestrol](#), [Belviq](#), [Qsymia](#), [Adipex-P](#), [oxandrolone](#), [lorcaserin](#), [phentermine / topiramate](#), [Fastin](#), [Oxandrin](#), [Suprenza](#), [More...](#)

Obesity

[Alli](#), [phentermine](#), [amphetamine](#), [Contrave](#), [methamphetamine](#), [Belviq](#), [Qsymia](#), [Adipex-P](#), [Saxenda](#), [orlistat](#), [Desoxyn](#), [liraglutide](#), [More...](#)



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[School-Based 'Overweight Warnings' May Not Keep Girls Slim](#)

March 14, 2016

Help and Support

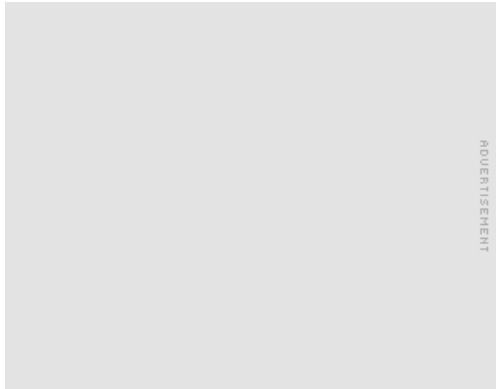
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