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Colace Capsules (docusate sodium) - Drug Summary

Purdue Products LP

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Colace (docusate sodium)

THERAPEUTIC CLASS

Stool softener

DEA CLASS

OTC

ADULT DOSAGE & INDICATIONS

Constipation

Cap:
Usual: 1-6 caps/day (50mg); 1-3 caps/day (100mg)

Syrup:
Usual: 1-6 tbsp/day or ud

PEDIATRIC DOSAGE & INDICATIONS

Constipation

2-<12 Years:
Cap:
Usual: 1-3 caps/day (50mg); 1 cap/day (100mg)

Syrup:
Usual: 1-2.5 tbsp/day or ud

≥12 Years:
Cap:
Usual: 1-6 caps/day (50mg); 1-3 caps/day (100mg)

Syrup:
Usual: 1-6 tbsp/day or ud

ADMINISTRATION

Oral route

May be taken as a single daily dose or in divided doses

Syrup
Give in 6-8 oz of milk/fruit juice to prevent throat irritation

HOW SUPPLIED

Cap: 50mg, 100mg; Syrup: 60mg/15mL [473mL]

WARNINGS/PRECAUTIONS

Avoid use for >1 week. Caution with stomach pain, N/V, and sudden change in bowel habits that lasts over 2 weeks. D/C use if rectal bleeding occurs or fail to have bowel movement after therapy; these could be signs of a serious condition.

ADVERSE REACTIONS

(Syrup) throat irritation.

[DRUG INTERACTIONS](#)

Avoid concurrent use of mineral oil.

[PREGNANCY AND LACTATION](#)

Safety not known in pregnancy/nursing.

[MECHANISM OF ACTION](#)

Stool softener; allows water and fats to get into the stool which helps soften fecal material and makes defecation easier.

[ASSESSMENT](#)

Assess for stomach pain, N/V, sudden change in bowel habits that lasts over 2 weeks, use of mineral oil, and pregnancy/nursing status.

[MONITORING](#)

Monitor for rectal bleeding or failure to have a bowel movement after therapy.

[PATIENT COUNSELING](#)

Instruct not to use for >1 week and to avoid use with mineral oil unless directed by physician. Advise to d/c and consult physician if rectal bleeding occurs or fail to have a bowel movement after therapy. Keep out of reach of children.

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