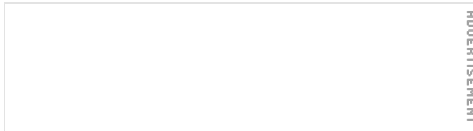


Realistic

Generic Name: prenatal multivitamins (PRE nay tal VYE ta mins)

Brand Name: Cenogen Ultra, Duet, Maternity, Mission Prenatal, OB Complete, PrenaCare, PrenaPlus, Prenatal H, Prenatal Plus, Prenavite PC, Stuart Prenatal with Beta Carotene, TheraNatal Lactation Support, TriCare, Trinate, Ultra-Natal, Vinate One, Vinate Ultra, vitaMed MD RediChew Rx



Overview

Side Effects

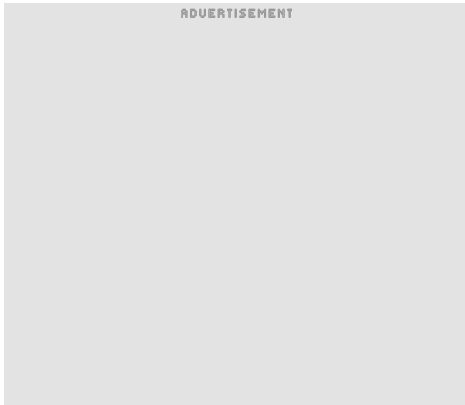
Dosage

Interactions

Professional

More ▾

What are Prenatal Plus (prenatal multivitamins)?



There are many brands and forms of prenatal multivitamins available. Not all brands are listed on this leaflet.

Prenatal multivitamins are a combination of many different vitamins that are normally found in foods and other natural sources.

Prenatal multivitamins are used to provide the additional vitamins needed [during pregnancy](#). Minerals may also be contained in prenatal multivitamins.

Prenatal multivitamins may also be used for purposes not listed in this medication guide.

What is the most important information I should know about Prenatal Plus (prenatal multivitamins)?

Never take more than the recommended dose of a multivitamin. Avoid taking any other multivitamin product within 2 hours before or after you take your prenatal multivitamins. Taking similar vitamin products together at the same time can result in a vitamin overdose or serious [side effects](#).



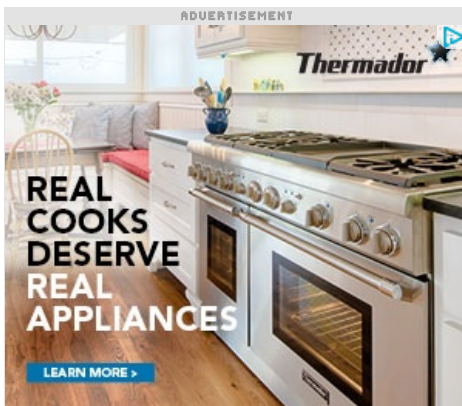
Seek emergency [medical](#) attention if you think you have used too much of this medicine. **An overdose of vitamins A, D, E, or K can cause serious or life-threatening side effects and can also harm your unborn baby. Certain minerals contained in a prenatal multivitamin may also cause serious overdose symptoms or harm to the baby if you take too much.**

What should I discuss with my healthcare provider before taking Prenatal Plus (prenatal multivitamins)?

Many vitamins can cause serious or life-threatening side effects if taken in large doses. Do not take more of this medication than directed on the label or prescribed by your doctor.

Before taking prenatal multivitamins, tell your doctor about all of your medical conditions.

You may need to continue taking prenatal multivitamins if you breast-feed your baby. Ask your doctor about taking this medication while breast-feeding.



How should I take Prenatal Plus (prenatal multivitamins)?

Use exactly as directed on the label, or as prescribed by your doctor. Do not use in larger or smaller amounts or for longer than recommended.

Never take more than the recommended dose of prenatal multivitamins.

Many multivitamin products also contain minerals such as calcium, iron, magnesium, potassium, and zinc. Minerals (especially taken in large doses) can cause side effects such as tooth staining, increased urination, stomach bleeding, uneven heart rate, confusion, and muscle weakness or limp feeling. Read the label of any multivitamin product you take to make sure you are aware of what it contains.

Take your prenatal multivitamin with a full glass of water.

Swallow the regular tablet or capsule whole. Do not break, chew, crush, or open it.

The chewable tablet must be chewed or allowed to dissolve in your mouth before swallowing. You may also allow the chewable tablet to dissolve in drinking water, fruit juice, or infant formula (but not milk or other dairy products). Drink this mixture right away.

Use prenatal multivitamins regularly to get the most benefit. Get your prescription refilled before you run out of medicine completely.

Store at room temperature away from moisture and heat. Keep prenatal multivitamins in their original container. Storing vitamins in a glass container can ruin the medication.

What happens if I miss a dose?

Take the missed dose as soon as you remember. Skip the missed dose if it is almost time for your next scheduled dose. Do not take extra medicine to make up the missed dose.

What happens if I overdose?

Seek emergency [medical attention](#) or call the Poison Help line at 1-800-222-1222. **An overdose of vitamins A, D, E, or K can cause serious or life-threatening side effects and can also harm your unborn baby. Certain minerals contained in a prenatal multivitamin may also cause serious overdose symptoms or harm to the baby if you take too much.**

Overdose symptoms may include stomach pain, vomiting, diarrhea, constipation, loss of appetite, hair loss, peeling skin, tingling feeling in or around your mouth, changes in menstrual periods, weight loss, severe headache, muscle or joint pain, severe back pain, blood in your urine, pale skin, and easy bruising or bleeding.

What should I avoid while taking Prenatal Plus (prenatal multivitamins)?

Avoid taking any other multivitamin product within 2 hours before or after you take your prenatal multivitamins. Taking similar vitamin products together at the same time can result in a vitamin overdose or serious side effects.

Avoid the regular use of salt substitutes in your diet if your multivitamin contains potassium. If you are on a low-salt diet, ask your doctor before taking a vitamin or mineral supplement.

Do not take this medication with milk, other dairy products, calcium supplements, or antacids that contain calcium. Calcium may make it harder for your body to absorb certain ingredients of the prenatal multivitamin.

Prenatal Plus (prenatal multivitamins) side effects

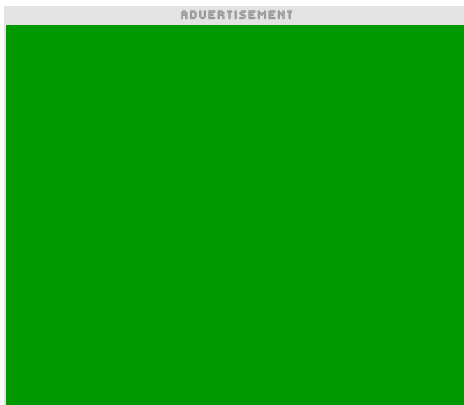
Get emergency medical help if you have any of these **signs of an allergic reaction**: hives; difficulty breathing; swelling of your face, lips, tongue, or throat.

When taken as directed, prenatal multivitamins are not expected to cause serious side effects. Common side effects may include:

- upset stomach;
- headache; or
- unusual or unpleasant taste in your mouth.

This is not a complete list of side effects and others may occur. Call your doctor for medical advice about side effects. You may report side effects to FDA at 1-800-FDA-1088.

See also: [Side effects](#) (in more detail)



What other drugs will affect Prenatal Plus (prenatal multivitamins)?

Vitamin and mineral supplements can interact with certain medications, or affect how medications work in your body. Tell your doctor about all medicines you use, and those you start or stop using during your treatment with prenatal multivitamins, especially:

- a diuretic or "water pill";
- heart or blood pressure medications;
- tretinoin;
- isotretinoin;
- trimethoprim and sulfamethoxazole (SMX-TMP or SMZ-TMP); or

- NSAIDs (non-steroidal anti-inflammatory drugs) such as ibuprofen, naproxen, celecoxib, diclofenac, indomethacin, meloxicam, and others.

This list is not complete. Other drugs may interact with prenatal multivitamins, including prescription and over-the-counter medicines, vitamins, and herbal products. Not all possible interactions are listed in this medication guide.

Next → [Side Effects](#)



Add to My Med List

More about Prenatal Plus (multivitamin, prenatal)

- [Side Effects](#)
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- [Drug Images](#)
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Consumer resources

- *Other brands:* [Prenatal Multivitamins](#), [Vitafof Ultra](#), [Trinate](#), [Atabex EC](#), [More \(38\)](#) »

Professional resources

- [Prenatal Plus \(FDA\)](#)

Other formulations

- [Prenatal Plus Iron](#)

Related treatment guides

- [Vitamin/Mineral Supplementation during Pregnancy/Lactation](#)

Where can I get more information?

- Your pharmacist can provide more information about prenatal multivitamins.



Remember, keep this and all other medicines out of the reach of children, never share your medicines with others, and use this medication only for the indication prescribed.

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DRUG STATUS



Availability
Rx and/or OTC



Pregnancy Category
Not classified



CSA Schedule
Not a controlled drug



Drug Class

[Iron products](#)

[Vitamin and mineral combinations](#)

ADVERTISEMENT

Related Drugs

Vitamin / Mineral Supplementation during Pregnancy / Lactation

[ferrous sulfate](#), [Prenatal Multivitamins](#), [Feosol Original](#), [Slow Fe](#), [Fergon](#), [PreNexa](#), [VitafoI Ultra](#), [multivitamin](#), [prenatal](#), [FeroSul](#), [Hemocyte](#), [Concept DHA](#), [Fer-In-Sol](#), [More...](#)



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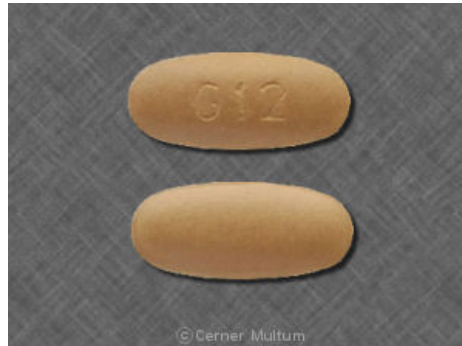
[Fighting Diabetes' Deadly Impact on Minorities](#)

Prenatal Plus Rating

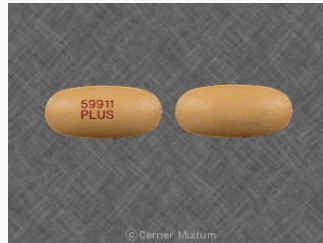
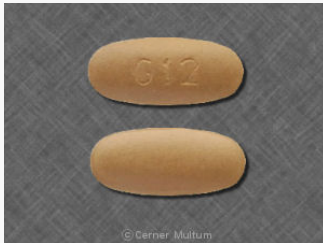
8 User Reviews

8 / 0 / 0

Prenatal Plus Images



Prenatal Plus (multivitamin, prenatal) Prenatal Vitamin with Iron Fumarate



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March 2, 2016

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[Can I still take my iron supplement while taking prenatal plus iron?](#)

[When can I drink milk before or after taking prenatal plus tablets?](#)

[Can you gain weight taking prenatal plus tab for long period of time even if your not pregnant?](#)

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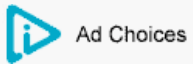
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