





Ready to talk to your doctor?

## SHIEX

Generic Name: mazindol (MA zin doll) Brand Name: Mazanor, Sanorex

**Interactions** 

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## What is Sanorex (mazindol)?



Mazindol is a sympathomimetic amine, which is similar to an amphetamine. It is also known as an "anorectic" or an "anorexigenic" drug. Mazindol stimulates the central nervous system (nerves and brain), which increases your heart rate and blood pressure and decreases your appetite.

DISCONT

Mazindol is used as a short-term supplement to diet and exercise in the treatment of obesity.

Mazindol may also be used for purposes other than those listed in this medication guide.

## What is the most important information I should know about Sanorex (mazindol)?

Use caution when driving, operating machinery, or performing other hazardous activities. Mazindol may cause dizziness, blurred vision, or restlessness, and it may hide the symptoms of extreme tiredness. If you experience these effects, avoid hazardous activities.



Mazindol is habit forming. You can become physically and psychologically dependent on this medication, and withdrawal effects may occur if you stop taking it suddenly after several weeks of continuous use. Talk to your doctor about stopping this medication gradually.

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## Who should not take Sanorex (mazindol)?

You cannot take mazindol if you

- · have heart disease or high blood pressure;
- have arteriosclerosis (hardening of the arteries);
- · have glaucoma;
- have taken a monoamine oxidase inhibitor (MAOI) such as isocarboxazid (Marplan), tranylcypromine (Parnate), or phenelzine (Nardil) in the last 14 days; or
- have a history of drug or alcohol abuse.

Before taking this medication, tell your doctor if you have

- · problems with your thyroid;
- · an anxiety disorder;
- · epilepsy or another seizure disorder; or
- · diabetes.

You may not be able to take mazindol, or you may require a lower dose or special monitoring during treatment if you have any of the conditions listed above.

It is not known whether mazindol will harm an unborn <u>baby</u> \( \overline{\pi} \). Do not take mazindol without first talking to your doctor if you are pregnant.

It is also not known whether mazindol passes into breast milk. Do not take mazindol without first talking to your doctor if you are breast-feeding a baby.



## How should I take Sanorex (mazindol)?

Take mazindol exactly as directed by your doctor. If you do not understand these directions, ask your pharmacist<u>nurse</u> ☑, or doctor to explain them to you.

Take each dose with a full glass of water.

Mazindol is usually taken one to three times a day before meals. Mazindol can be taken with food if it upsets your stomach. Follow your doctor's instructions.

Never take more of this medication than is prescribed for you. Too much mazindol could be very dangerous toyour health ₺.

Store mazindol at room temperature away from moisture and heat.

## What happens if I miss a dose?

Take the missed dose as soon as you remember. However, if it is almost time for your next dose or if it is already evening, skip the missed dose and take only your next regularly scheduled dose. A dose taken too late in the day will cause insomnia. **Do not** take a double dose of this medication.

## What happens if I overdose?

Seek emergency medical attention.

Symptoms of a mazindol overdose include restlessness, tremor, rapid breathing, confusion, hallucinations, panic, aggressiveness, nausea, vomiting, diarrhea, an irregular heartbeat, and seizures.

## What should I avoid while taking Sanorex (mazindol)?

Use caution when driving, operating machinery, or performing other hazardous activities. Mazindol may cause dizziness, blurred vision, or restlessness, and it may hide the symptoms of extreme tiredness. If you experience these effects, avoid hazardous activities.

## Sanorex (mazindol) side effects

If you experience any of the following serious side effects, stop taking mazindol and seek emergency medical attention:

- an allergic reaction (difficulty breathing; closing of your throat; swelling of your lips, tongue, or face; or hives);
- an irregular heartbeat or very high blood pressure (severe headache, blurred vision); or
- hallucinations, abnormal behavior, or confusion.

Other, less serious side effects may be more likely to occur. Continue to take mazindol and talk to your doctor if you experience

- · restlessness or tremor,
- nervousness or anxiety,
- · headache or dizziness,
- insomnia,
- dry mouth or an unpleasant taste in your mouth,
- · diarrhea or constipation, or
- impotence or changes in your sex drive.

Mazindol is habit forming. You can become physically and psychologically dependent on this medication, and withdrawal effects may occur if you stop taking it suddenly after several weeks of continuous use. Talk to your doctor about stopping this medication gradually.

Side effects other than those listed here may also occur. Talk to your doctor about any side effect that seems unusual or that is especially bothersome.





## What other drugs will affect Sanorex (mazindol)?

You cannot take mazindol if you have taken a monoamine oxidase inhibitor (MAOI) such as isocarboxazid (Marplan), tranylcypromine (Parnate), or phenelzine (Nardil) in the last 14 days.

Changes in insulin and other diabetes drug therapies may be necessary during treatment with mazindol.

Mazindol may reduce the effects of guanethidine (Ismelin). This could lead to an increase in blood pressure. Tell your doctor if you are taking guanethidine.

Before taking this medication, tell your doctor if you are taking a tricyclic antidepressant such as amitriptyline (Elavil), amoxapine (Asendin), doxepin (Sinequan), nortriptyline (Pamelor), imipramine (Tofranil), clomipramine (Anafranil), protriptyline (Vivactil), or desipramine (Norpramin). These drugs may decrease the effects of mazindol.

Drugs other than those listed here may also interact with mazindol. Talk to your doctor and pharmacist before taking any prescription or over-the-counter medicines.











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## Where can I get more information?

• Your pharmacist has more information about mazindol written for health professionals that you may read.

## What does my medication look like?

Mazindol is available with a prescription under the brand names Mazanor and Sanorex. Other brand or generic formulations may also be available. Ask your pharmacist any questions you have about this medication, especially if it is new to you.

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- Mazanor 1 mg--white, round, scored tablets
- Sanorex 1 mg--white, round tablets
- Sanorex 2 mg--white, round, scored tablets

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Remember, keep this and all other medicines out of the reach of children, never share your medicines with others, and use this medication only for the indication prescribed

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#### **DRUG STATUS**



**Availability** Discontinued



**Pregnancy Category** Not classified



**CSA Schedule** Some potential for abuse





**Drug Class** 

Anorexiants
CNS stimulants



#### **Related Drugs**

Obesity

Alli, phentermine, amphetamine, Contrave, methamphetamine, Belviq, Qsymia, Adipex-P, Saxenda, orlistat, Desoxyn, Iiraglutide, Xenical, phendimetrazine, Evekeo, diethylpropion, sibutramine, Meridia, Iorcaserin, Tenuate, phentermine / topiramate, benzphetamine, Fastin, Didrex, More...

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